

# Alphabet for seniors will make you laugh

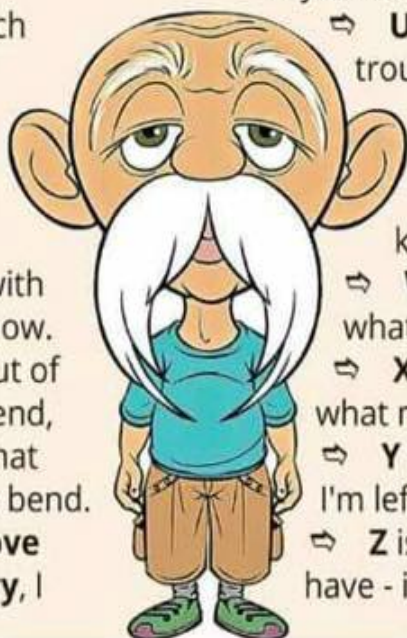
**A** is for apple and B is for boat, that used to be right but now it won't float! Age before beauty is what we say but let's be a bit more realistic instead

The alphabet for seniors:

- ⇒ **A's** for **arthritis**,
- ⇒ **B's** for **bad back**,
- ⇒ **C's** for **chest pains**, perhaps **cardiac**?
- ⇒ **D** is for **dental decay** and **decline**,
- ⇒ **E** is for **eyesight**, can't read that top line!
- ⇒ **F** is for **fissures** and **fluid retention**,
- ⇒ **G** is for **gas** which we'd rather not mention.
- ⇒ **H** is for **high blood pressure**;
- ⇒ **I** for **incisions** with scars you can show.
- ⇒ **J** is for **joints**, out of socket, won't mend,
- ⇒ **K** is for **knees** that crack when they bend.
- ⇒ **L's** for **lots of love**
- ⇒ **M** is for **memory**, I

forget what comes next.

- ⇒ **N** is **neuralgia**, in **nerves** way down low;
- ⇒ **O** is for **osteo**, bones that don't grow!
- ⇒ **P's** for **prescriptions**, I have quite a few, just give me a **pill** and I'll be good as new!
- ⇒ **Q** is for **queasy**, is it fatal or flu?
- ⇒ **R** is for **reflux**, one meal turns to two.
- ⇒ **S** is for **sleepless nights**, counting my fears,
- ⇒ **T** is for **Tinnitus**, bells in my ears!
- ⇒ **U** is for **urinary**, troubles with flow,
- ⇒ **V** for **vertigo**, that's 'dizzy,' you know.
- ⇒ **W** for **worry**, now what's going 'round?
- ⇒ **X** is for **X ray** and what might be found.
- ⇒ **Y** for another **year** I'm left here behind,
- ⇒ **Z** is for **zest** I still have - in my mind!





Betty Burgess  
William Brown  
Mike Burrell  
Steve and Reba Swann had a good time  
Reba lost her cousin  
Maynard Family  
Pat Riner  
Pastor Kevin and his family on the passing of his mother  
Bret Ballengee  
Euna Ballengee  
John Schmidt  
Bryan Collins  
Fred & Vickie Delp  
Frank  
Sue McCallister  
Jill Heldreth  
Rick Ross  
Drew's mom  
Drew's family  
Emily's dad is doing better  
Teachers, staff, and students as they return to school  
Mary Merties  
Kelly McGuffin  
El Paso, TX and Dayton, OH  
Our Nation  
Cindy Ballengee  
John Lingenger  
Myrtie Perdue Amy's friend  
Liz Lucas's dad  
Kayla Hgginbotham died  
Kim Workman  
Children  
Kristen Gibson  
Dorothy Abbott

Paul Lilly finished program and has returned home to the Princeton area  
Nina & Drew's daughter donated her hair to Wigs for Kids.  
Andrew Stanley has celebrated 4<sup>th</sup> Anniversary of drug free  
Cheryl, Kim Socha's friend  
Norma Jones passed  
Linda Connell  
Timmy Hager, Lana's brother  
Sydney Adkins starting Marshall

#### AROUND THE CLASS

Congratulations to Tony Ryder on his promotion to Assistant Regional Manager with Independent Mutual Fire Insurance Company. 😊

Our Bryan Collins made a special announcement since our last newsletter. He and Toni Gripshover will be married November 9 here at Steele Memorial. Congratulations Bryan and Toni!!

Pat Trainer's daughter, was selected as a WV Bar Association Fellow recently. A proud moment for mother too.

Emily Stephen's son, Jason, was recently married. Jason grew up in our church. Jason is also Nina Rottgen's brother. Best wishes to the bride and groom.

Tenny Crockett had twin grandbaby girls arrive in August. Momma Sarah grew up at Steele Memorial. This makes Sarah and husband three girls under two years old! Congratulations to all the family!!

Good to see Bruce Everman in class recently. Bruce drives from Grayson Ky to attend class with us.

Our Sue McCallister was the auctioneer for the church ice cream social. She did a great job. Yea Sue!!

#### LESSONS

We will be looking at Making Sense Of the Bible in the coming weeks. Come join us as we study and learn together.

There will be two Sundays we will break from the above study. On September 15, Denver Stevens will be teaching our class while Phyllis is at the beach.

On the following Sunday, September 22, Barbara Hager, a friend of Kim Socha and Steele Singles and More, will come and share her recent mission trip to Africa with us. You won't want to miss this!

#### MISSIONS

The mission project for September is undies of all sizes and socks of all sizes for both boys, girls, men and women. Give as you can to help those who can't give. Containers are in our classroom.

Also, don't forget to save pop tabs and Box Tops for Education. Don't throw in the trash - it can help make a difference at no cost to anyone! Thanks!

#### OCTOBER - THINKING AHEAD

We are planning a covered dish dinner in October along with a white elephant sale. Gather up items you are tired of that might be someone else's treasure. We'll have fun auctioning them off.

We are also planning a day trip to Ohio Amish country in October. Should be a beautiful time to visit there. Come go along. More details in next newsletter.

#### THANK YOU

Thank you to all who helped with the Celebrate Recovery dinner. We are scheduled again in October to provide another meal. Thanks to Connie Gesner for coordinating this project.

Again, a big thank you to our cake bakers this month. You are so faithful in providing cakes each month for Recovery Point.

We also received a thank you letter from the VA for the cookies the class provided in the memory of Jack Austin. Jack was a faithful volunteer at the VA.

A big hand to Bonnie Herrald for picking up tickets to Picnic with the Pops this summer. Also thanks to Bonnie and Donnie Barbour for going early to save seating area for our group! We appreciate both of you.

#### UPCOMING ACTIVITIES

A new movie release of OVERCOME is showing at the mall. This is a Christian movie based on a book written by Chris Fabry. Chris grew up in the Milton area and has received numerous rewards for the many books he has written.. he also wrote the screen script for War Room that many of us saw. Tuesday evening is the discount night. \$5 for tickets. The time is 5:30! Those who can, meet August 27 in the movie lobby. The couldn't tell me how long it will play here.

Our Labor Day picnic will be held at the church September 2 . Gather at 5:00 and eat by 5:30. Bring a covered dish to share. Meat will be furnished. Summer is

almost over. Come and share a final summer picnic together.

Candy and Nut sales start now. See the enclosed order forms. These make great gifts and the nuts are excellent for baking. Prices remain the same as last year.

September 14-21, several members of our class will be at the beach. We have rented a large house at south Nags Head. We'll be back to hear Barbara's mission stories on the 22nd!

WELCOME!

A warm welcome to the following visitors this past month. Judy Peck and Gerri Collins visited our class. They also joined us for worship. We hope to see them back again soon!

We were also blessed to have our friend Vic and Sandy in class while in town visiting family.

Sam Smith and Bill Piper were also visitors this past month.

THE BARBOURSVILLE, COMMUNITY MEAL will be held Saturday, August 31st from 3:00 PM to 4:30 PM at the Barboursville Senior Center. The menu is Fried Chicken, Potato Salad, Cole Slaw, Rolls, Fruit Salad and Homemade Cinnamon Rolls. All are invited, no charge.

AREA CHURCH LUNCHEONS The Churches of the Greater Barboursville area are hosting a 6-week lunch series beginning September 4. Each Wednesday, a different Church will host a simple lunch and brief meditation as we take time to meet with new friends from neighboring Churches.

The first gathering will meet at 12:15 at Barboursville First UMC, and other locations will be announced soon. Members and friends are invited to attend each or any of the Wednesday luncheons during the six month "tour." Steele Memorial will host the lunch on October 2.

THE UNITED METHODIST MEN'S ANNUAL GOLF OUTING raised \$900 which will help support our Scouts, The Fellowship of Christian Athletes and various mission needs. Fifty-two players participated and fun was had by all. Thank you to all who played, donated food, gifts, prizes and their time to make our outing a success! – John Call

BOY SCOUT POPCORN SALE! The Church Cub Pack #733 will be selling popcorn as one of their main fund raisers next Sunday in the hallway adjacent to the Church offices. Let's support this important organization within our Church community!

The October newsletter will probably be a week late. Therefore, the deadline will be Thursday, October 7 to Malinda Ross 304 523-4687 or email [keith1m@frontier.com](mailto:keith1m@frontier.com).



# September

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Malinda devotions Nancy Lipsey B'day	2 Labor Day picnic	3 Connie Gesner b'day	4 Luncheon/tour of FUMC in B'ville 12:15	5	6	7
8 Russ Prichard & Reba Swann b'days Bonnie devotions	9	10	11 Linda Bowman b'day	12	13	14
15 Malinda devotions	16	17	18	19	20	21
22	23	24 Tenny Crockett & Fred Huff b'days	25 Amy Reiter b'day	26	27	28
29	30					

## Upcoming

Mondays, Wednesdays, and Fridays Refit classes are offered see Bonnie or Patty Blankenship for info.

Monday, Sept. 2 Labor Day Picnic at the church picnic shelter Gather at 5, eat at 5:30  
Covered dish.

Wednesday, September 4 A new 6 week project to share with the other churches in the area. Each Wednesday at 12:15 p.m. we will share in a luncheon, followed by a tour of the church that is hosting. The 4<sup>th</sup> we will be at the First UMC on corner of Water and Main here in Barboursville. Don't know if there is a cost. October 2<sup>nd</sup> it will be Steele's turn to host.

Thursday, October 3<sup>rd</sup> October news due to Malinda Ross at 304 523-4687 or email [keith1m@frontier.com](mailto:keith1m@frontier.com)

Steele Singles and More  
Steele Memorial UMC  
PO Box 346 or 733 Shaw St  
Barboursville, WV 25504

